

Packing List for Women

Clothing

- 2 pairs of walking/comfortable shoes (one closed toe/one open, weather permitting)
- 1 rainproof jacket
- 2 pairs of shorts/capris (shorts aren't allowed in major cathedrals, but capris are OK)
- 2 pairs of pants (one dressy, one casual; khaki is recommended - when washed, it dries faster than jeans)
- 1 belt (optional)
- 1 swimsuit (packed in a plastic bag)
- 4 pairs of socks (cotton blend)
- 5 pairs of underwear (silk, lace, or micro-fiber dries quickest)
- 1 extra bra
- 4-6 shirts (long/short-sleeved, various colors)
- 1-2 light cardigans for layering
- 1-2 skirts (wrinkle-resistant)
- 1 dress (optional)
- 1 hat
- scarves (to wear with clothing or hat)
- 1 or 2 vests (optional)
- 1 pair of pajamas (or long shirt to get you to the bathroom down the hall if necessary)

Toiletries/Medicine

- Body soap/puff (washcloth); most 2 - 3 star European hotels do not supply washcloths (check out our "clean kit")
- Toothbrush/toothpaste/floss
- Shampoo/conditioner
- Brush/comb
- Lotion
- Vaseline (for feet)
- Razor (non-electric)/shaving cream or soap
- Sunscreen, insect repellent
- Prescription drugs (in original container with your name and your doctor's name, write down generic name)
- First aid kit/moleskin/blister kit
- Feminine hygiene products
- Deodorant
- Nail clippers/file/tweezers
- Spare glasses and/or prescription, mini-eyeglass repair kit, or contact lenses and supplies
- Hand sanitizer
- Vitamins
- OTC remedies (whatever works for you): Pepto, decongestants, etc.
- Clothesline, sink stopper, soap
- Baby powder (dry shampoo for hair)

Money and Security

- Moneybelt: Passport, plane ticket, debit card, credit cards, railpass, driver's license (if you're renting a car)
- Security: Bury copies of your passport, plane ticket, and prescriptions in the bottom of your luggage

Necessities for Hostelng

- Pack towel (see our Micronet Travel Towel)
- Sleep sheet (only worth bringing if hostelng for the whole trip - all hostels rent sheets for about \$4)